

JUNE 28-29, 2018: IDAHO BREASTFEEDING SUMMIT

Day 1: June 28, 2018

TIME	ACTIVITIES AND PRESENTATIONS	CEU's
7:00 – 8:00 a.m.	REGISTRATION & HEALTHY START BREAKFAST	
8:00 – 8:05 a.m.	WELCOME Idaho Breastfeeding Coalition Chair: Cindy Galloway	
8:05-9:20 a.m.	<i>Evidence and Mechanisms for the Impact of Human Milk on Gut Colonization and Subsequent Health Outcomes</i> Paula Meier, PhD, RN, FAAN After attending this presentation, participants will be able to: 1. Relate the composition of mothers' own milk to the concept of early nutritional programming with respect to the rapidly developing human brain and the relative immaturity of the human newborn infant.	1.25
9:20 – 10: 20 a.m.	<i>Protecting Maternal Milk Volume and Pumping</i> Paula Meier, PhD, RN, FAAN After attending this presentation, participants will be able to: 1. Describe the evidence and best practice for establishing a target greater than 500mls of pumped mothers' own milk by postpartum day 14 as a primary mechanism to protect maternal milk volumes.	1.0
10:20 – 10:50 a.m.	BREAK & DRAWINGS	
10:50 – 11:50 a.m.	<i>Practices that Impact the Properties of Pumped Breastmilk</i> Paula Meier, PhD, RN, FAAN After attending this presentation, participants will be able to: 1. Describe the effect of the following common NICU practices on the nutritional and bioactive components in mothers' own milk: pumping protocol and collection, storage, handling, fortification and feeding of milk.	1.0
11:50 a.m. – 1:00 p.m.	BUFFET LUNCH & AWARD Award Program – Cindy and Cindi... Cheer by Mimi??	



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1:00 – 2:00 p.m.	<p>HIGHLIGHT IDAHO: <i>Bridging the Gap: A Partnership Between a Hospital System and WIC Breastfeeding Peer Counselors and Staff</i></p> <p>Cindi Bennett, MN, RN, IBCLC and Cindy Galloway, RDN, LD, IBCLC</p> <p>After attending this presentation, participants will be able to:</p> <ol style="list-style-type: none"> 1. Identify key components to developing a sustainable community partnership between a hospital and WIC breastfeeding peer counselors/staff to provide ongoing breastfeeding support in the hospital and after hospital discharge. 2. Be able to explore developing a process for hospital visitation by WIC peer counselors/staff. 3. Be able to discuss the process for WIC peer counselors to receive education on late preterm infants to provide referrals for improved breastfeeding support. 4. Be able to define the steps to planning, implementing and evaluating a process to connect WIC breastfeeding peer counselors and staff before hospital discharge. 	1.0
2:00- 2:30 p.m.	BREAK AND DRAWINGS	
2:30 – 4:30 p.m.	<p><i>Transitioning from Hospital to Home – Bridging the Gap to Exclusive Breastfeeding</i></p> <p>Paula Meier, PhD, RN, FAAN</p> <p>After attending this presentation, participants will be able to:</p> <ol style="list-style-type: none"> 1. Cite evidence, mechanisms and best practice for transitioning preterm infants from gavage to breastfeeding. 2. Cite evidence, mechanisms and best practice for the use of lactation aids including nipple shield and measurement of milk intake in the transition to exclusive breastfeeding. 3. 	2.0
4:30-4:45 p.m.	Audience Questions and Answers	--
4:45 – 5 p.m.	Wrap-up and Evaluations MC: Pattie Hennequin	Total: 6.25



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Day 2: June 29, 2018

Time	Activities and Presentations	CEUs
7:00-7:30	Vendor set-up in Coughlin rooms	
7:00 – 8:00 a.m.	REGISTRATION & SIGN-IN; & HEALTHY START BREAKFAST Visit Vendors starting at 7:30	
8:00 – 8:05 a.m.	WELCOME MC-Pattie Hennequin RN, BSN, IBCLC	
8:05-9:05 a.m.	<i>Risks of Not Breastfeeding to Baby- Mom-Partner-Society</i> Gini Baker, RN, MPH, IBCLC, FILCA After attending this presentation, participants will be able to: 1. State at least 1 Risk of Not Breastfeeding to Mom, Baby, Partner, Society 2. State the components of “informed choice”	1.0
9:05 – 10:35 a.m.	<i>Supplementation – What are the Rules</i> Gini Baker, RN, MPH, IBCLC, FILCA After attending this presentation, participants will be able to: 1. Describe a supplementation plan to continue breastfeeding 2. State 2 rationales for supplementation at the breast 3. Describe the 3 points to consider when choosing a supplementation device	1.5
10:35 – 10:50 a.m.	BREAK - VISIT VENDORS	
10:50 a.m. – 11:35 a.m.	HIGHLIGHT IDAHO: <i>Idaho Hospital Baby-Friendly Journeys</i> Panel Discussion and Recognition Helena Callister ADRN, CLC and Heather VanOrden, IBCLC from Bingham Memorial: Blackfoot, Idaho Eileen Bagan, RN, IBCLC from Kootenai Health: Coeur d'Alene, Idaho After attending this presentation, participants will be able to: 1. Be aware of the challenges our hospital faced throughout the 4D pathway (the designation pathway to Baby Friendly) from the administrative level to the nursing staff. 2. Identify and explore the obstacles to Baby Friendly Designation and Re-certification within the facility, providers and staff and within the community.	0.75



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11:35 a.m. – 12:05 p.m.	<p><i>Revisit 1st Annual Idaho Breastfeeding Summit Collaborative Brainstorm</i> Mary Monroe RD, LD</p> <p>After attending this presentation, participants will be able to:</p> <ol style="list-style-type: none"> 1. Facilitated discussion and sharing to create ideas that support the ID Breastfeeding Coalition mission statement, which is to facilitate a community and statewide landscape that protects, supports, and promotes breastfeeding as the biological norm for a healthier Idaho. 2. Identify and explore how to implement ideas with each other and to take action. 	0.5
12:05 p.m. – 1 p.m.	BUFFET LUNCH & VISIT VENDORS	
1:00 – 2:15 p.m.	<p><i>Jaundice: Decoding the Data for Frontline Management</i> Gini Baker, RN, MPH, IBCLC, FILCA</p> <p>After attending this presentation, participants will be able to:</p> <ol style="list-style-type: none"> 1. Describe the physiologic process of neonatal jaundice 2. Define the 4 types of neonatal jaundice 3. Outline a plan of care, rationale, and timeline for the management of jaundice in the newborn 	1.25
2:15- 2:45 p.m.	BREAK, VISIT VENDORS & DRAWINGS	
2:45 – 3:45 p.m.	<p><i>PostPartum Depression</i> Gini Baker, RN, MPH, IBCLC, FILCA</p> <p>After attending this presentation, participants will be able to:</p> <ol style="list-style-type: none"> 1. Describe current statistical demographics of postpartum depression 2. Define postpartum depression and differentiate from postpartum blues 3. Discuss current resources for working with clients with postpartum depression 	1.0
3:45- 4:45 p.m.	<p><i>Public Policy and Breastfeeding; Where we were, where we are, and where do we go from here.</i> Adrean Cavener, BS</p> <p>After attending this presentation, participants will be able to:</p> <ol style="list-style-type: none"> 1. Gain historical context around breastfeeding policy. 2. Provide learnings from successful and unsuccessful strategies that can be applied to other public policy campaigns. 	1.0
4:45 p.m. – 5 p.m.	<p>CELEBRATION, WRAP UP & EVALUATIONS MC: Pattie Hennequin</p>	Total: 7.0



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