

Day of Life¹
0-3

Why Do Babies Suck “So Much” ?

Lactogenesis Stage I and II

Sucking DOES NOT = Hunger²

DOL 3-4¹⁰

- **High Suck need³**

- Job at Infant/Goal⁶:
 - Poop!

- Job at Mom Breast/Goal⁷:
 - Prolactin “Plug-In’s”
Create Prolactin receptor sites

- **Low Milk Volume⁴**

- Baby born full⁵
Constipated with Meconium

Suck more Efficient⁸

Milk increases in volume⁹

1. DOL 0-3 (Only talking about first 3 days)
2. **Sucking doesn't mean hunger** (Babies aren't born hungry – otherwise would eat inside of mama)
3. **Baby are born with high suck need** (It may seem like your baby wants to suck a lot?)
4. (The breast has a -) **Low Milk Volume**
5. **Why = Baby is Born Full (Meconium)** (Why would nature have high suck and low volume?)
6. **Infant Job/Goal = Poop !** (Sucking causes peristalsis in infant gut/tummy)
7. **Mom-Maternal Job/Goal = Prolactin “plug-in’s”**
A place for Prolactin to plug into
(Job of sucking for mom)
8. (Over next few days) Suck becomes more efficient – Straw analogy
9. DOL 3-4 = Milk increases in volume
(Doesn't COME IN – collecting since 10-14 wks preg
Increased volume = slower/deeper suck
10. This happens at DOL 3-4